

Ephisa

1 ¹Iswargi ningbibagi mapanna Khrista Jisugi pakhonchatpa Polna, Ephisada leiba Iswargi asengba mising, Khrista Jisuda thajabasingda salam katchari. ²Eikhoigi Ipa Iswar amasung Prabhu Jisu Khristadagi thoujal amasung ingthaba nakhoida leibisanu.

Khristada Thawaigi Borsing

³Eikhoigi Prabhu Jisu Khrista mapasu oiba amasung Iswarda thagatchaba oisanu. Khristada, Iswarna Swargagi oiba thawaigi bor pumnamak eikhoida pibire. ⁴Taibangpal houdringeida eikhoibu Khristada Ibungo mahakna khan-gatpire. Nungsibada Ibungona eikhoibu asengba mising oinanaba - Ibungo Mahakki mangda aranba yaodana lepchaba ngamnanaba eikhoibu khan-gatpire.

⁵Amasung taibangpal semdringeida, Jisu Khristagi mapanna mahakki machasing oinanaba Iswar masagi ningbibagi matung inna eikhoibu sembirammi. ⁶Amasung Ibungogi angakpa thoujalgi damak Iswarbu thagatpa phanghalli. Ibungo mahakna madugi thoujal adu lemna eikhoida pibire. Ibungona nungsibabasingda Khristada thoujal adu Iswana pibire.

⁷Ibungogi igi mapanna eikhoibu Khristada ining tamhanbire. Iswargi marangkaiba thoujalna pap kokpiba adu eikhoina phangjare. ⁸Ibungona madugi thoujal adu mapungphana amasung lemna pibiduna, lousing amasung mahei pumnamakka loinana pibire. ⁹Ibungona Khristagi mapanna mahakki ningbagi athuppa wa adu eikhoida khanghanbire. ¹⁰Iswargi ningba adudi mahakki thourang adu achaba matamda loisinbani. Mahakki ningbiba adudi swargada amasung prithibida leiba pumnamakna Khristagi khuyada amata oinanabani.

¹¹Khristada Iswargi mising oinanaba eikhoibu khanbire. Iswargi ningbibagi matung inna eikhoina Mahakki mising oinanaba thourang tourammi. Ibungo mahakki ningbagi wakhall matung inna thabak pumnamak toubire. ¹²Khristada hanna tarang tarang khangna ninglaba Jehudising eikhoina, Ibungo mahakki matik mangal thagatpangi damak oinanabani. ¹³Ibungoda nakhoinasu achumba aduga wa adu haibadi, nakhoigi aran khubamgi aphaba wapao adu taraduna Ibungoda thasu thajaraduna, waleppagi

thawai asengbana nakhoibu chum nambire. ¹⁴Iswargi matik mangal thagatpa oinanaba, Ibungo mahakmakki lal oinaba handokpiba adu phaoba, thawai asengbana eikhoigi phangpham thokpangi warep sen-gumbani.

Polgi Haijaba

¹⁵⁻¹⁶Maram asigidamak nakhoigi narakta leiba Prabhu Jisuda thajaba adu amasung asengbasing pumnamaklomda nungsiba adu einasu taraduna, eigi haija haijabada nakhoigi maramda ningsingjaduna thagatchaba tokte. ¹⁷Haibadi eikhoigi Prabhu Jisu Khristagi Iswar, matik mangan-gi mapa aduna Ibungo mahakpu ikhang khangbana lousinggi amasung phongdokpiba wagi thawai nakhoida pibinanabani.

¹⁸Aduga Ibungo mahakki koubibagi tarang tarang khangna ningba adu karino, asengbasingda Ibungo mahakki phangpham thokpangi matik mangalgi ayamba adu karino. ¹⁹Amasung Ibungo mahakki akanba panggan-gi thabak toubu adugi matung inna, thajaba eikhoiromda Ibungo mahakki panggangi thoidok hendokna chaoba adu karino haiba nakhoina khangnanabagi damak nakhoigi pukninggi mit ngalhanbinanaba, eina haijabani; ²⁰Ibungo mahakki akanba panggan-gi thabak adu Khristada toubiraduna asumna utpire. Haibadi Ibungo mahakna Khristabu asibasinggi maraktagi hinggatpire. ²¹Swargagi mapam mapamda mapu oiba, matik, panggal, angam athou, amasung taibangpanba asitada nattana, lakkadaba taibangpal phaoba ming khuding, pumnamak asigi mathakta Ibungo mahakki yetthangbada phamhanbire. ²²Aduga Ibungo mahakna Ibungogi khuya khada pot pumnamak makha polhanbiduna, pot pumnamakki mathakta makok oinanaba, singlupta Ibungobu pibire. ²³Singlup adudi Ibungogi hakchang ni. Mahakna pumnamaktagi pumnamak mapung ipha phahalli.

Asibadagi Hingba

2 ¹Amasung nakhoigi ayol aran-gi amasung Iswargi maiokta toukhiba papki maramna thawaida asiba oirammi. ²Hoi, Masinggi manungda, taibangpal asigi lichat matung inna hingba, atiyagi panggan-gi mapu haibadi, haiba indabagi machasingda houjik thabak

touriba thawaigi matung inna, nakhoina mamangneida chatlammi. ³Houkhiba matamda eikhoi pumnamak madugumduna hinglamduna, eikhoigi hakchanggi apamba thunghannanaba hotnarammi. Taibanggi mi ateinggumna eikhoigi hakchanggi amasung wakhalgi apam apamba thunghanduna leiramm, Eikhoina touramilbasinggi Iswargi asaoba dandi phangpham thoklibani.

⁴Touigumbasung Iswargi mapan naidaba nungsiba aduna eikhoibu nungsibi. ⁵Eikhoigi ayol aran-gi mapanna siduna leiramba matamda, eikhoibusu Khristaga loinana hinghanbire (Iswargi thoujana nakhoiibu kanbire.) ⁶Hoi, Ibungo mahakna Khrista Jisuga loinana asibadagi hingghanbiduna swargagi mapham maphamda eikhoiga loinana phamminnare. ⁷Aduga khrista Jisugi oiriba eikhoida Mahakki thoujal asi tarang tarang khangna ningduna unanaba matam leiba khibikta Iswargi angakpa thoujal adu eikhoina phanganabani.

⁸Maramdi thoujana nakhoiibu thajabagi mapanna kanbire. Aduga nakhoi nasana kanjaba natte, Iswargi khudonni. ⁹Mi kana amatana chaothoktanabana, nasagi thabakki mapanna kanjaba natte. ¹⁰Maramdi Iswana eikhoigi oiriba asi toubibani. Aduga hanna langbikhraba apha thabakta eikhoina chatnanaba, Khrista Jisuda sembikhraba eikhoi lbungo mahakki khutpham oire.

Khristada Amata Oiba

¹¹Nakhoi Jihudising oina pokpa natte. Adubu Jihudisingna “unkaktabasing” haina kouramm. Hairiba Jihudising nakhoiibu “unkaktaba” haina koubasing aduna masaba “unkakpa” haina masana kouramm. (makhoigi unakpa adudi masana masagi hakchangda semba aduni.) ¹²Matam aduda nakhoidi Khristadagi tongalli. Israyelgi leibak machasingdagi mitop oiba, waleppa adugi walepnaba khibiktagi mireibak macha oiba, tarang tarang khangna ningba leitaba amasung taibangpanda Iswar yaodaba mising oirammi. ¹³Hoi, matam amada nakhoi Iswardagi laphok-i, adubu houjikti Khrista Jisugi mapanna, Khristagi igi mapanna Mangonda naknahalle.

¹⁴Houjikti Khristagi mapanna eikhoina ingthaba phangle. Ibungona eikhoibu Jihudising oihalli, ani adubu ama oihanduna, Masamakki hakchangbu katthokpangi mapanna khainabagi mayaigi phaklang adu thugaire. ¹⁵Aduga Ibungona ingthaba oihanduna, Ibungona ani oiramba adu ama oihannanaba, amasung wayer yathang amasung madugi chatnapathap sing adu manghankhre.

¹⁶Madugi mapanna Iswarda animakpu hakchang amada tainabinanaba, lbungogi hakchangda yeknaba adu, haibadi, wayer yathangda leiba yathang makheigi wayer adu lemhalle. ¹⁷Amasung lbungona lenglaklaga, thapna leiramba nakhoidasu, nakna leiramba makhoidasu ingthaba sandokle. ¹⁸Maramdi lbungogi mapanna lpagi mapham tanna thawai amada eikhoi animakna changpham phangjei.

¹⁹Maram aduna nakhoidi amuk hanna mireibak machasing amasung lamlanbasing oire, adubu nakhoidi asengba singga loinana ireibak macha amasung Iswargi imung oire. ²⁰Khrista Jisuna chithekki athoiba nung oiduna, nakhoidi pakhonchatpasinggi amasung Iswargi wa takthokpasinggi yumpham mathakta sagatpani. ²¹Ibungoda yum maong apumba chap chana chansinminnaduna, Prabhuda Iswargi asengba sang oinanaba sagatpani. ²²Ibungoda nakhoiibusu thawaigi mapanna Iswargi leipham oinanaba sagatminnabani.

Atoppa Jatsinggi Damak Polgi Thabak

3 ¹Maram asigidamak nakhoi atoppa jatsinggi damak Khrista Jisugi maramda phadok oiriba Pol eina ²Iswana magi thoujalna eingonda thabak asi nakhoigi kananaba pibibani haiba aobimak nakhoina khang-i. ³Haibadi, phongdokpibagi mapanna, eina ahanbada wahei kharana ikhibagumna, athuppa wa adu eingonda khanghanbire. ⁴Madugi matung inna nakhoina pabada, Khristagi athuppa wada eigi khangba nakhoina uba ngammi. ⁵Achumba athuppa wa asi miron auida leibasingda pibiramde. Adubu houjikti thawaigi mapanna lbungogi pakhonchatpasingda amasung wa takthokpasingda phongdokpire. ⁶Haibadi, apha wapaogi mapanna Khrista Jisuda waleppa adugi yumlep chara oiminnaba, hakchang amatta oiminnaba, amasung saruk phangminnaba atoppa jatsing oi.

⁷Iswargi panggan-gi thabak toubu matung inna eingonda pibikhraba lbungo mahakki thoujan adugi khudon matung inna apha wapaosi asigi thougan toubu mi ei ojarakle. ⁸Khristagi thiba ngamdaba lal adu atoppa jatsingda sandokpinaba, amasung pot pumnamak sembiraba Iswarda jug jugtagi lotlakliba athuppa wa adugi sinlangba adu karino haiba manganda puthoknaba, ⁹Asengbasing pumnamakki pikhraba adudagi henna pikpa eingonda thoujal asi pinabire. ¹⁰Swargagi mapham maphamda leiba mapusingda amasung khutkan

pangganbasingda Iswargi makhal makha ayamba lousing houjik singlupki mapanna khanghannabani. ¹¹Asi eikhoigi Prabhu Khrista Jisuda Ibungo mahakna langlaba jug jugki thourang matung inbani. ¹²Eikhoina Ibungoda thajabagi mapanna thouna amasung pukning lumna changgaba Ibungoda eikhoina phangjei. ¹³Asigi maramda nakhoigi damak eigi awa anang khangbada nakhoina sontheadanaba eina nijaribani. Masi nakhoigi matik manganni.

Khristagi Nungsiba

¹⁴Maram asigi damak swargada amasung prithibida leiba imung manung khuding Ibungo mangondagi maming thonba, ¹⁵Ipa adugi maphamda eina khuru khudak kunduna khurumjei. ¹⁶Haibadi, manungthangba mida nakhoibu Ibungo mahakki thawaigi mapanna pangganna kalhanbinaba, ¹⁷Amasung thajabagi mapanna Khristana nakhoigi thamoida leibinaba, Ibungo mahakki matik mangan-gi ayambagi matung inna nakhoida Ibungo mahakna pibinanabagi; nakhoina nungsibada mara tatharaga chetna leiduna, ¹⁸Madugi marak, mayung marep, amasung aruba karino haiba asengbasing pumnamakka loinana pukningna lamba phangnaba, ¹⁹Amasung khangdabagi hendokpa Khristagi nungsiba adu khangnaba nakhoina akanba oinanabagi, aduga Iswargi athanba pumnamak adu phaoba nakhoibu thalhalbinanabagi eina nijabani.

²⁰Amasung eikhoigi nungda thabak touriba panggall adugi matung inna, eikhoina nijaba nattraga ningjaba pumnamakki mathakta thoidok hendokna yamna toubiba ngamba Ibungo mangonda, ²¹Singlupta amasung Khrista Jisuda lomba naidaba phaoba miroi pumnamakta matik mangan oisanu Amen.

Hakchanggi Amatta Oiba

4 ¹Maram aduna Prabhuji damak phadok oiriba eina nakhoibu haijari, haibadi nakhoina Iswargi misingna hinggadaba maongda hingnanaba chatpiyu. ²Pukning nembaga amasung tappaga loinana, kuina khangbaga loinana nungsibada amana amabu lousinnabiyu. ³Ingthabagi apunbada thawaigi amatta oiba adu ngaknaba thawai yaona hotnabiyu. ⁴Nakhoibu koubibagi tarang tarang khangna ningba amada koubagumna, hakchang ama amasung thawai ama, ⁵Prabhu ama, thajaba ama, baptais touba ama. ⁶Pumnamakki Iswarsu mapasu oiriba ama, Ibungo mahakki pumnamakki mathakta, pumnamak sinba thungna, amasung pumnamakta leiri.

⁷Ibungona eikhoida piningbagi chang

matung inna, Khristana eikhoi khudingda top toppa khudol amamam pinabire. ⁸Adugi maramna Sastrana hai,

“Ibungona mathak lomda kakhatpada, aphabasingbu puduna chatle, amasung misingda khudon pibire.”

Psalms 68:18

⁹“Ibungona kakhatkhre,” haiba asida kari hainabano? Madudi prithibigi makha thangba maphamda Ibungona hanna kumthakhi haibani.

¹⁰Kumtharamba Ibungodi pumnamak thalhannanaba, Swarga pumnamakki mathaklomda kasu kakhatkhiba Ibungo adumakni. ¹¹Amasung Ibungona kharabu pakhonchatpa, kharabu Iswargi wa takthokpa, kharabu singlup chingbiba aduga tambiba mi oinaba pinabire. ¹²Iswargi asengba misingbu Khristagi hakchang sagatnabana thourang tounanaba khudolsing asi Khristana pinabibani. ¹³Thougal asi Iswargi macha nipabu eikhoina mapung phana khangba amasung thajabada amatta oidriba phaoba nomjagani. Eikhoigi pandamdi Khristagi athanbagi marepki chang oiba; Khristaga mannana ujaduna amasung Mahakki changkhonbagi damak oiribani.

¹⁴Misinggi khutlei nareida marei marada, aranbagi lounam matung inna, paotakki nungsi pumnamakna humdok humjin toubu amasung koipu puba gangang apisak eikhoi amuk oilaroi. Eikhoibu nanthak tounaba misingdagi tariba anouba paotaksing aduna khudum chanlaroi. Aduga mi ateingbu panghannanaba lousing lounam makhei sijinnabasing aduna ngamlaroi. ¹⁵Adubu eikhoina nungsibada achumba ngangduna, makok oibiriba Khristagida pumnamakki marida chaokhatnanabani. ¹⁶Ibungodagi hakchang pumnamak tangsam khudingna samjinnabagi mapanna chap chana chansinnaduna amasung tusinnaduna, tongan tonganba saruk amamangi changda thabak toubagi matung inna, nungsibada masa mathantabu sagatpa phaoba hakchanggi chaokhatpa adu semi.

Nakhoina Hinggadabagi Marel

¹⁷Maram aduna asi eina hairi amasung Prabhuda sakhi piri, haibadi, atoppa jatsingnasu makhoigi pukninggi arembada chatpagumna nakhoina amuk chatkanu. ¹⁸Makhoigi manungda khangdaba maramna, amasung makhoina taningdaba maramna, Iswarnna pibiba hingba adu makhoigi damak kanadaba oirakle. ¹⁹Amasung makhoigi pukningda ikaiba hendokladuna, apenba

naidana sengdaba pumnamak tounanaba, apaibada makhoi masa pithokchare. ²⁰Touigumbasung nakhoina Khristagi maramda adugumna tamkhide. ²¹Nakhoina lbungogi khonjel Taraba, amasung Jisuda achumba leibagumna, lbungoda tamjaraba aoiba oirabadi; ²²Nakhoina nakhoigi hanna pallamba mipan-gi marida, minambagi apambagi matung inna mangliba ariba mi adu thadok-u. ²³Aduga nakhoigi pukninggi thawaina nouhanduna, ²⁴Iswargi matung inna achumbagi dharmachenba amasung asengbada semkhraba anouba mi adu nakhoina setlo.

²⁵Maram adugi damak minamba thadok-u. “nakhoi mi khudingna amana amada achumba ngangou,” maramdi eikhoi amaga amaga masa amatani. ²⁶“Nakhoina saoraba matamda, nakhoigi asaobaduna pap touhanganu,” Amasung nakhoigi asaobaduna numit tahanganu. ²⁷Nangbu ngamnanaba Diyabolda mapham piganu. ²⁸Huranba mahak aduna amuk hurandasanu. Adubu madugi mahutta mahakki khutna aphaba thabak adu touduna, awatpa mi aduda yengbinaba mahakki leinanaba nomjasanu.

²⁹Nakhoi nakhoigi chindagi phattaba wa kari amata thoktasanu, adubu atabasingda thoujanbinanaba kannaba matamda sagatnabagi damak asigumba aphaba thoksanu. ³⁰Aduga Iswargi thawai asengbabu saohanganu. Iswarna Mahakki thawai nakhoida pibiduna handokpiba numit phaoba lbungo mahakna nakhoigi chum oibire. ³¹Akhaba, meihouna saoba, asaoba, laokhongba, amasung thina ngangba pumnamakka kallakpa pumnamakka loinana nakhoidagi louthokpa oisanu. ³²Aduga nakhoi amaga amaga channou, pukning nouba oi-u; Iswarnasu Khristagi mapanna nakhoibu kokpiraba adugumna, nakhoi amana amabu koknou.

5 ¹Maram aduna nakhoina achanba machasinggumna Iswargi matou loubasing oibiyu. ²Aduga Khristana nakhoibu nungsibiraduna, Iswargi maphamda eikhoigi damak lbungo masamaku manam nungsiba oinaba katnaba pot amasung iratpot oina pibikhibagumna nakhoinasu nungsibada chatlu.

³Touigumbasung nakhoigi narakta marumbi thamba leihanganu. Iswargi asengbasinggi damak chumdaba, sengdaba pumnamakki nattraga karambagi maming phaoba pan-ganu. ⁴Aduga nakhoigi marakta phattaba wangang leihanganu. Amotpa machet amasung apangba wangang touganu, pumnamak asi nakhoigi natte. Adubu Iswarda thagatlu. ⁵Maramdi asi nakhoina loina khang-i. Haibadi,

marumbi thamba mi, nattraga sengdaba mi, nattraga lai murti latpa mi, karamba mi kana amatana Khristagi amasung Iswargi leibakta phangpham ilei leite.

⁶Mi kana amatana nakhoibu karisu nattaba wana minamdasanu; maramdi masigi maramna haiba indabagi machasinggi mathakta Iswargi asaoba lak-i. ⁷Maram aduna nakhoina makhoiga saruk phangminnabasing oiganu. ⁸Maramdi mamanggeida nakhoi adu amamba oirammi, adubu houjikti Prabhuda mangal oiri. Maram aduna mangan-gi machasinggumna chatlu. ⁹Maramdi asigumlab mangal asina aphaba khuding, chumna hingbagi amasung achumbabu thokhalli. ¹⁰Prabhuhu pelhanba karino munna khallu. ¹¹Aduga amambagi mahei yandaba thabak aduga mapang oiminnaganu, maramdi maduna aphaba karisu purakte. Adubu madusing adu kayamuk phattabano makhoibu khanghallu. ¹²Maramdi makhoina lonna touriba thabak adu haidokpa phaoba ikaibani. ¹³Adubu madusing adu kayamuk chumdabano mangalna phonghalli. ¹⁴Hoi, pumnamak mangalna sengdokhalli. Maram adugi damak eikhoina hai,

“tumliba nang, yahouro!
asibasinggi maraktagi hinggatlo,
aduga Khristana nathakta nganbigani.”

¹⁵Maram aduna nakhoina singdabagum oidaduna, asingbagum oiduna, karamna chatpa cheksinna yeng-u. ¹⁶Achaba matam leijahou, maramdi matam phatte. ¹⁷Maram asina nakhoina apangba oiganu, adubu Prabhu ningba karino khang-u. ¹⁸Amasung yu ngaoganu; maduda wathok lanthok lei; adubu thawaina thallu. ¹⁹Amaga amaga dharmagi iseina, thagatpigi iseina, amasung thawai oi ba iseina ngang sak-u, aduga Prabhuda nakhoi thawai yaona sak-u. ²⁰Maram pumnamakki damak eikhoigi Prabhu Jisu Khristagi mingda Ipa Iswargi mapham matam leiba khibikta thagatlu.

Nupi amasung Mapuroibasing

²¹Khristabu kibana nakhoi nasen amana amagi thougal tounou.

²²Nupisa, Prabhugi makha ponba gumna, nakhoi nakhoimakki napuroibagi thougal tou. ²³Maramdi Khristana singlupki makok oibibagumna, mapuroibana nupigi makok oibani. Khristana singlupki kanbiba mapu, hakchang aduni. ²⁴Singlupna Khristagi thougal toubagumna, nupisingnasu maram pumnamakta makhoigi mapuroibasinggi thougal tougadabani.

²⁵Mapuroibasa, Khristanasu singluppu nungsididuna, lbungo masabu madugidamak pibikhibagumna nakhoigi nupisingbu nungsiyu. ²⁶Madudi, singluppu chusinba, kusinba, asinachingba karisu leitana adubu sengna amasung amakpa yaodana, ²⁷Luna-kena lbungona masamakta katchananaba isingna luthokpagi mapanna waheina sengdoktuna, lbungona singluppu senghannanabani.

²⁸Adugumduna mapuroibasingnasu makhoigi masamakumna makhoimakki nupisingbu nungsigadabani. Mahakmakki nupibu nungsiba mina mahak masabu nungsiyani. ²⁹Maramdi mi kana amatana masamakpu tukatchaba leite, adubu madumum yoktuna ngak senjei. Khristanasu singluppu adugumna toubi. ³⁰Maramdi eikhoi lbungogi hakchanggi kayatni. ³¹Maram asina nupana mapa mama thadoktuna magi nupida napsin-gadabani; amasung makhoi ani aduna hakchang amata oigadabani. ³²Athuppa wa asi arubani, adubu eina Khristagi amasung singlupki marida nganglibani. ³³Adum oinamakpu nakhoinasu mi khudingna masamakumna mahakmakki nupibu asumna nungsisanu; aduga nupina mahakki mapuroibabu ikaikhumnasunu.

Angangsing amasung Mapa Mamasing

6 ¹Angangsa, Prabhuda nakhoigi napa namagi haiba illu, maramdi asi achumbani. ²Nahakki yaiphaba oinanaba amasung prithibida kuina pannanaba, napa namabu ikaikhumnou. ³Masi waleppaga loinaba ahanba yathangni.

⁴Amasung, nakhoi mapasa, saonaba nakhoigi nachasingbu langaganu, adubu Prabhugi mahei masing tambada amasung mit-na singhanbada makhoibu yokkhatpiyu.

Minai amasung Mapusing

⁵Minaisa, kiba amasung nikpaga loinana, Khristada toubagumna, pukchel tingna hakchanggi matung inna nakhoi nakhoigi mapusinggi haiba illu. ⁶Mibu pelhanbasing gumna mityenggi thougan-gi matou toudaduna, Khristagi manaising gumna thamoidagi Iswargi ningba adu toubiyu. ⁷Minai oirabasu, mapu oirabasu, mi khudingna karigumba aphaba thabak tourabadi, mahakna Prabhudagi madumak amuk phangjagani haiba khangduna, ⁸Misingda toubagum nattana, Prabhuda toubagumna aphaba pukningna thougan toubiyu.

⁹Mapu oibasa, maduga mannana, nakhoigi nanaisingda aphaba oibiyu. Makhoibu

kihanba touganu. Maramdi makhoigisu nakhoigisu mapu adu swargada lei, aduga Mahakna mipumnamakta chap mannana toubi.

Iswargi Lan phijet Setpa

¹⁰Eigi chithi aroibada eina hajjari, Prabhuda amasung lbungogi akanba pangandana pangal kanba oibiyu. ¹¹Nakhoina diyabolgi lounamga maioknaba ngamnanaba Iswargi lan phijet apumba setlu. ¹²Maramdi eikhoigi laknaba asi i tong yaobagi mathakta natte, adubu mapusinggi mathakta, khutkan pangganbasinggi mathakta, amamba asigi taibangpal angambasinggi mathakta, swargagi mapham maphamda phattabagi thawai oibasinggi mathakta, laknabani. ¹³Maram asigi damak nakhoina phattaba numitta maioknaba ngamnanaba, amasung pumnamak toure hairaga lepannaba, Iswargi lal phijet apumba paikhatlu.

¹⁴Maram aduna nakhoi nakhoigi khwang achumbana laksinduna, amasung dharmachenbagi thabakkhang haptuna; ¹⁵Aduga ingthabagi aphaba wapaogi thourang toubana nakhoi nakhoigi khongda tongsinduna; ¹⁶pumnamak asiga loinana thajabagi chunggoi adu paikhattuna lep-u; aduna phattaba adugi mei houbu hunna-ta pumnamak nakhoina muthatpa ngamgani. ¹⁷Aran khubamgi lal-luhup amasung Iswargi wa oiba thawaigi kabakthang loukhatlu; ¹⁸Haijaba amasung nonjaba pumnamakna matam pumnamakta thawaigi mapanna haijou aduga maduda asengbasing pumnamakki damak anam kanba amasung nonjaba pumnamakna mitseng khang-u.

¹⁹Amasung Iswarnu wahei pibiduna aphaba wapaogi athuppa wa adu akiba leitana thouna phana ngangba ngamnanaba eigidamak haijabiyu. ²⁰Aphaba wapao ngangthokpagi thabak asi eigi leije, amasung madugi thabak adugi damak phadok oiduna eina houjik toujari. Masida ei ngangpham thokpagumna eina thouna phana ngangjananaba haijabiyu.

Aroiba Wa

²¹Eikhoigi achanba ichil inao Tukhikabu nakhoida thajari. Mahak Prabhugi thougaldana yamna changkholti. Eingonda kari thokkhiba pumnamak mahakna nakhoida khanghanbigani. Madudagi nakhoina eibu karam touriba amasung eina kari toukhiba khangba ngamgani. ²²Nakhoina eikhoigi maram khangnanaba, amasung mahakna nakhoigi pukning themjinbinanaba, maram asimakki damak mahakpu eina nakhoi tanna thare.

²³Ichin inaosingda Ipa Iswardagi leibisanu. ²⁴Eikhoigi Prabhu Jisu Khristabu
amasung Prabhu Jisu Khristadagi ingthaba mangba naidaba manungsina nungsibasing
amasung thajabaga loinana nungsiba pumnamakka thoujal loinabisanu.